

Curriculum Map (Core PE Key Stage 4)



		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
10	Units	Focus on PARTICIPATION Football, Rugby, Netball, Hockey.	Focus on PARTICIPATION Running/Walking, Badminton, Fitness video, Indoor games, DodgeBall, Volleyball, Unihoc, Aerobics, Yoga	Focus on PARTICIPATION Running/Walking, Badminton, Fitness video, Indoor games, DodgeBall, Volleyball, Unihoc, Aerobics, Yoga	Focus on PARTICIPATION Football, Rugby, Netball, Hockey.	Focus on PARTICIPATION Athletics Rounders Softball	Focus on PARTICIPATION Athletics Rounders Softball	
	Key Skills	Cooperation Teamwork Ethics Planning Discussion Practical skills	Cooperation Teamwork Ethics Planning Discussion Practical skills	Cooperation Teamwork Ethics Planning Discussion Practical skills	Cooperation Teamwork Ethics Planning Discussion Practical skills	Cooperation Teamwork Ethics Planning Discussion Practical skills	Cooperation Teamwork Ethics Planning Discussion Practical skills	Cooperation Teamwork Ethics Planning Discussion Practical skills
	Enrichment	<p>After school and lunch time clubs</p> <p><i>LORIC –</i></p> <p><i>Leadership – leading warm ups and skills practices, umpiring and officiating opportunities, organising inter tutor teams</i></p> <p><i>Organisation – help with equipment at beginning and end of the lesson. Bring PE kit for lesson, inter tutor teams</i></p> <p><i>Resilience – perseverance at skills and tactics, team play – considering how team can perform better in face of adversity!, beating the weather conditions</i></p> <p><i>Initiative – helping others, tactical awareness,</i></p> <p><i>Communication – officiating, encouraging others, giving feedback, analysis of performances</i></p>						

11

Units	Focus on PARTICIPATION Football, Rugby, Netball, Hockey.	Focus on PARTICIPATION Running/Walking, Badminton, Fitness video, Indoor games, DodgeBall, Volleyball, Unihoc, Aerobics, Yoga	Focus on PARTICIPATION Running/Walking, Badminton, Fitness video, Indoor games, DodgeBall, Volleyball, Unihoc, Aerobics, Yoga	Focus on PARTICIPATION Football, Rugby, Netball, Hockey.		
Key Skills	Cooperation Teamwork Ethics Planning Discussion Practical skills	Cooperation Teamwork Ethics Planning Discussion Practical skills	Cooperation Teamwork Ethics Planning Discussion Practical skills	Cooperation Teamwork Ethics Planning Discussion Practical skills		
Enrichment	<p>After school and lunch time clubs</p> <p><i>LORIC –</i></p> <p><i>Leadership – leading warm ups and skills practices, umpiring and officiating opportunities, organising inter tutor teams</i></p> <p><i>Organisation – help with equipment at beginning and end of the lesson. Bring PE kit for lesson, inter tutor teams</i></p> <p><i>Resilience – perseverance at skills and tactics, team play – considering how team can perform better in face of adversity!, beating the weather conditions</i></p> <p><i>Initiative – helping others, tactical awareness,</i></p> <p><i>Communication – officiating, encouraging others, giving feedback, analysis of performances</i></p>					